

Directions to the Toronto Athletic Club via the PATH, *in 5 minutes!*



Walk South from **The Adelaide Club**, toward **Union Station**.

Follow the PATH past **Starbucks** (on your left) and down the escalator.

Go through the set of doors on your right and up the small escalator.

Take the next escalator to your right up to the **TD South Tower** at street level.

Take the elevator to the 36th floor, and ***enjoy your workout!***